

# AFTERNOON TEA MENU

## SANDWICHES

Served on brown malted or soft grain white bread, with a salad garnish, coleslaw and crisps.  
Kcal's based on white bread. For malted bread please add +1 Kcal.

<b>EGG MAYONNAISE (V)</b> 800 Kcal Mustard Cress	12.50
<b>WEST COUNTRY MATURE CHEDDAR (V)</b> 1044 Kcal Homemade Apple Chutney	12.50
<b>FLAKES OF TUNA</b> 737 Kcal Creamy Mayonnaise and Chives	13.75
<b>LOCAL HONEY ROASTED HAM</b> 678 Kcal Lambs Lettuce and Wholegrain Mustard	13.75
<b>ROASTED TURKEY BREAST</b> 728 Kcal Cranberry Sauce	13.75
<b>ROASTED CHICKEN</b> 875 Kcal Crisp Bacon and Herb Mayonnaise	13.75
<b>ROASTED PRIME SIRLOIN OF BEEF</b> 756 Kcal Watercress and Horseradish Sauce	15.50
<b>OAK SMOKED SCOTTISH SALMON</b> 745 Kcal Dill Pickles and Lemon	15.50
<b>SUCCULENT NORTH ATLANTIC PRAWNS</b> 847 Kcal Light Marie Rose Dressing	15.50
<b>FRESH WEST COUNTRY CRAB</b> 790 Kcal Leaf Salad and Lemon	15.50
<b>BEETROOT, TOASTED WALNUT AND VEGAN FETA (VE)</b> 609 Kcal	12.50
<b>VEGAN SMOKED CHEESE AND CHUTNEY (VE)</b> 904 Kcal	12.50

## AFTERNOON TEA

Served between 3.30pm - 5.30pm.

<b>POT OF TEA</b> Choose from: English Breakfast, Earl Grey, Darjeeling, Assam, Lapsang, Green Tea, Chamomile, Peppermint, decaffeinated or various fruit teas	4.60
<b>CAFETIERE OF COFFEE</b> Decaffeinated available	4.60
<b>A SELECTION OF SHORTBREAD BISCUITS</b> 438 Kcal	4.25
<b>TOASTED TEACAKE</b> 616 Kcal Jam and butter	5
<b>BELMONT TEA</b> Choice of two pastries from our selection and a pot of tea. Varies daily.	11.50
<b>TRADITIONAL DEVONSHIRE CREAM TEA</b> 1165 Kcal Enjoy one of the West Country's best traditions. This includes two fresh scones, strawberry jam, clotted cream and a pot of tea	12.50
<b>FULL AFTERNOON TEA</b> 2617 Kcal This is for those with a healthy appetite & includes: 4 finger sandwiches - ham, smoked salmon, cucumber, egg and cress, a choice of two pastries from our selection, two scones with strawberry jam and clotted cream, served with a pot of tea	23