

LOUNGE, BAR & TERRACE MENU

MORNING TEA & COFFEE

Available from 9am. All prices are per person.

POT OF TEA	4.60
Choose from: English Breakfast, Earl Grey, Darjeeling, Assam, Lapsang, Green Tea, Chamomile, Peppermint, decaffeinated or various fruit teas	
COFFEE	4.60
Choose from: Cafetiere of Coffee, Americano, Cappuccino, Latte, Mocha or freshly ground decaffeinated	
ESPRESSO SINGLE	4.60
ESPRESSO DOUBLE	5.75
HOT CHOCOLATE	4.60
SELECTION OF SHORTBREAD BISCUITS 438 Kcal	4.25

SANDWICHES

Served between 12-2pm. Served on brown malted or soft grain white bread, with a salad garnish, coleslaw and crisps. Kcal's based on white bread. For malted bread please add +1 Kcal.

EGG MAYONNAISE (V) 800 Kcal	12.50
Mustard Cress	
WEST COUNTRY MATURE CHEDDAR (V) 1044 Kcal	12.50
Homemade Apple Chutney	
FLAKES OF TUNA 737 Kcal	13.75
Creamy Mayonnaise and Chives	
LOCAL HONEY ROASTED HAM 678 Kcal	13.75
Lambs Lettuce and Wholegrain Mustard	
ROASTED TURKEY BREAST 728 Kcal	13.75
Cranberry Sauce	
ROASTED CHICKEN 875 Kcal	13.75
Crisp Bacon and Herb Mayonnaise	
ROASTED PRIME SIRLOIN OF BEEF 756 Kcal	15.50
Watercress and Horseradish Sauce	
OAK SMOKED SCOTTISH SALMON 744 Kcal	15.50
Dill Pickles and Lemon	
SUCCULENT NORTH ATLANTIC PRAWNS 847 Kcal	15.50
Light Marie Rose Dressing	
FRESH WEST COUNTRY CRAB 790 Kcal	15.50
Leaf Salad and Lemon	
BEETROOT, TOASTED WALNUT AND VEGAN FETA (VE) 609 Kcal	12.50
VEGAN SMOKED CHEESE AND CHUTNEY (VE) 904 Kcal	12.50

LIGHT SNACK MENU

Served between 12-2pm

TODAY'S HOMEMADE SOUP OF THE DAY Varies daily	7.75
Freshly Baked Roll	
CHICKEN LIVER PATE 536 Kcal	12.50
Homemade Chutney and Toasted Brioche	
PRAWN COCKTAIL 280 Kcal	15.50
OAK SMOKED SCOTTISH SALMON 400 Kcal	17.50
Brown Bread and Butter	
CRISP CHICKEN GOUJONS 615 Kcal	15.50
Spiced Tomato Relish	
PEARLS OF MELON (VE) 34 Kcal	12.50
Elderflower Syrup, Mixed Berries, Lemon Sorbet and Fresh Mint	
BEETROOT AND FETA SALAD (V) 151 Kcal	12.50
Endive Leaves, Walnut and Basil Pesto, Balsamic	
LOCAL CRAB SALAD 146 Kcal	18.75
Gem Lettuce, Pickled Cucumber and Dill and Parsley Dressing	

OF THE DAY

ROAST OF THE DAY	
CATCH OF THE DAY Varies daily	from 17
Served with Vegetables and Potatoes and Traditional accompaniment or French Fries or Salad	
VEGETARIAN OF THE DAY Varies daily	from 17
Served with accompaniment	

SIDE ORDERS

FRENCH FRIES 404 Kcal	6.25
CHUNKY CHIPS 357 Kcal	6.25
SEASONALLY DRESSED SALAD 20 Kcal	3.75
VEGETABLE AND POTATOES OF THE DAY Varies daily	5
FRESHLY BAKED BREAD ROLL WITH BUTTER 380 Kcal	1.50

LOUNGE, BAR & TERRACE MENU

MIXED PLATTERS & PLOUGHMAN'S

Served between 12-2pm

THE BELMONT DAILY SALAD BOWL Varies daily	from 15.50
A mixed salad with a light dressing	
WEST COUNTRY PLOUGHMAN'S 1309 Kcal	20.25
A selection of award-winning West Country Cheeses, Homemade Pate, Honey and Mustard Glazed Ham, served with Spiced Apple Chutney, Pickled Onion and a Freshly Baked Bread Roll	
MIXED MEATS PLATTER 1412 Kcal	24.25
A selection of Roasted Sirloin of Beef, Turkey Breast, Honey and Mustard Glazed Ham and Homemade Pate served with Dressed Mixed Salad, Potato Salad, Coleslaw and a Freshly Baked Bread Roll	
SEAFOOD PLATTER 998 Kcal	27.50
A selection of Seafood to include North Atlantic Prawns, West Country Crab, Smoked Mackerel, Smoked Scottish Salmon, served with Dressed Mixed Salad, Potato Salad and a Freshly Baked Bread Roll	

MAIN COURSES

Served between 12-2pm

DEVON BUTCHERS SAUSAGES (GF) 816 Kcal	19.25
Buttered Creamed Potatoes and Caramelised Onion Gravy	
CLASSIC FISH PIE 681 Kcal	19.75
Salmon and Cod with Spinach and topped with Creamy Mashed Potato	
BEER BATTERED FISH OF THE DAY 1465 Kcal	22
Chunky Chips, Pea Puree and Tartare Sauce	
THE BELMONT CLUB SANDWICH 896 Kcal	20
Toasted, filled with Chicken Breast, Crisp Bacon, Sliced Vine Tomato, Sliced Egg, Mayonnaise and Mixed Leaves	
BREADED SCAMPI 974 Kcal	19.75
Chunky Chips, Peas and Tartare Sauce	
8OZ SIRLOIN STEAK GARNI 789 Kcal	32
Cooked to your liking, served with Mushrooms, Tomato, Chunky Chips and Peas	
OMELETTE 705 Kcal	17.50
A light omelette of your choice, served with Chunky Chips and Salad Garnish	
LINGUINE PASTA (V) (VE) 354 Kcal	17.50
Sautéed Courgette and Sweet Pepper, Pesto (Please let your server know whether you require the dish as vegetarian or vegan)	
AUBERGINE PARMIGIANA (V) (VE) 124 Kcal	17.50
Layers of Aubergine, Tomato and Basil Sauce, topped with Parmesan (Please let your server know whether you require the dish as vegetarian or vegan)	
MUSHROOM STROGANOFF (V) 845 Kcal	17.50
Jasmine Rice	

SWEETS

A SELECTION OF FRESHLY MADE SWEETS	from 9
See our insert menu for details	
A SELECTION OF ICE CREAMS AND SORBET	
Please ask a member of staff for details	
2 scoops	5
3 scoops	7
A SELECTION OF CHEESE AND BISCUITS	9.25

Please inform us of any food allergies or special dietary requirements. Adults need around 2000 Kcal a day.
(V) Vegetarian (VE) Vegan (GF) Gluten Free. All prices are shown in pound sterling and are per person.
Be assured that all our menu paper is recycled.