

AFTERNOON TEA MENU

SANDWICHES

Served on brown malted or soft grain white bread, with a salad garnish, coleslaw & crisps.
Kcal's based on white bread. For malted bread please add +1 Kcal.

EGG MAYONNAISE (V) 800 Kcal Mustard Cress	13.75
WEST COUNTRY MATURE CHEDDAR (V) 1044 Kcal Homemade Apple Chutney	13.75
FLAKES OF TUNA 737 Kcal Creamy Mayonnaise and Chives	15.50
LOCAL HONEY ROASTED HAM 678 Kcal Lambs Lettuce and Wholegrain Mustard	15.50
ROASTED TURKEY BREAST 728 Kcal Cranberry Sauce	15.50
ROASTED CHICKEN 875 Kcal Crisp Bacon and Herb Mayonnaise	15.50
ROASTED PRIME SIRLOIN OF BEEF 756 Kcal Watercress and Horseradish Sauce	17
OAK SMOKED SCOTTISH SALMON 752 Kcal Cream Cheese	17
SUCCULENT NORTH ATLANTIC PRAWNS 847 Kcal Light Marie Rose Dressing	17
FRESH WEST COUNTRY CRAB 804 Kcal Rocket Leaves and Citrus Mayonnaise	17
BEETROOT & VEGAN FETA (VE) 601 Kcal	13.75
VEGAN SMOKED CHEESE & CHUTNEY (VE) 904 Kcal	13.75

AFTERNOON TEA

Served between 3.30pm - 5.30pm.

POT OF TEA Choose from: English Breakfast, Earl Grey, Darjeeling, Assam, Lapsang, Green Tea, Chamomile, Peppermint, decaffeinated or various fruit teas	4.60
CAFETIERE OF COFFEE Decaffeinated available	4.60
A SELECTION OF SHORTBREAD BISCUITS 438 Kcal	4.25
TOASTED TEACAKE 616 Kcal Jam and butter	5.50
BELMONT TEA Varies daily 3 individual pastries and a pot of tea	12.50
TRADITIONAL DEVONSHIRE CREAM TEA 1165 Kcal Enjoy one of the West Country's best traditions. This includes 2 fresh scones, strawberry jam, clotted cream and a pot of tea	13.75
FULL AFTERNOON TEA 2617 Kcal This is for those with a healthy appetite and includes: 4 finger sandwiches - ham, smoked salmon, cucumber, egg and cress, 3 individual pastries, 2 scones with strawberry jam and clotted cream, served with a pot of tea. Carrot Cake 330 Kcal Brownie 258 Kcal Fruit Tartlet 390 Kcal	25

Please inform us of any food allergies or special dietary requirements. Adults need around 2000 Kcal a day.
(V) Vegetarian (VE) Vegan. All prices are shown in pound sterling and are per person.
Be assured that all our menu paper is recycled.