

SIGNATURE STARTERS

OAK SMOKED SCOTTISH SALMON 400 kcals Rocket Leaves, Caper Berries, Lemon	19
HERITAGE TOMATO SALAD VE* 226 kcals Vegan 'Parmesan', Olives, Basil Pesto	14
PAN SEARED SCALLOPS 281 kcals Sautéed Julienne of Mange Tout, Courgette & Red Pepper, Honey & Lime Dressing	23
TRIO OF BEETROOT V* 211 kcals Red, Golden & Candy Beetroot, Feta Cheese, Honey & Mustard Vinaigrette	14
HAM HOCK TERRINE 275 kcals Piccalilli, Honey & Mustard Vinaigrette, Toasted Ciabatta	15
CLASSIC STARTERS	
TRADITIONAL PRAWN COCKTAIL 280 kcals Iceberg Lettuce, Marie Rose Sauce, Brown Bread & Butter	17
SMOOTH CHICKEN LIVER & BRANDY PATÉ 536 kcals Spiced Apple Chutney, Toasted Brioche	17
PEARLS OF MELON VE* 194 kcals Elderflower & Ginger Syrup, Mixed Berries, Lemon Sorbet, Fresh Mir	14 nt
CRAB SALAD 146 kcals Grapefruit & Avocado Salsa, Lemon Dressing	21
SIGNATURE MAINS	
PRIME 8OZ FILLET STEAK 913 kcals Chunky Chips, Onion Rings, Mushrooms, Sweet Cherry Tomatoes, Diane Sauce	49
CHICKEN KIEV 1055 kcals French Fries, Coleslaw	24
BELMONT BATTERED FISH & CHIPS 1465 kcals Chunky Chips, Peas, Tartare Sauce, Lemon	25
PRIME 8OZ SIRLOIN STEAK 896 kcals Chunky Chips, Onion Rings, Mushrooms, Sweet Cherry Tomatoes, Black Peppercorn Sauce	39
OMELETTE SOUFFLE 827 kcals French Fries, Cream Cheese, Salad Garnish	24
BREADED SCAMPI TAILS 974 kcals Chunky Chips, Peas, Tartare Sauce, Lemon	22

CLASSIC MAINS

HONEY MUSTARD GLAZED CANNON OF LAMB 555 kcals Pea Puree, Mint Sauce, Redcurrant Jus	41
PAN FRIED CALF'S LIVER 591 kcals Crisp Pancetta, Caramelised Shallots, Red Wine & Thyme Jus	35
PAN FRIED FILLET OF SEA BASS 280 kcals Wilted Spinach, Shrimp Butter Sauce	34
CREEDY CARVER DUCKLING 541 kcals Confit of Leg & Breast, Balsamic Treacle, Candied Orange	39
GRILLED WHOLE DOVER SOLE 600 kcals Prawn, Lemon & Parsley Butter, either served on or off the bone	49
BEAN & LENTIL COTTAGE PIE VE* 650 kcals Roast Vegetable, Bean & Lentil Ragout, Rich Tomato Sauce, Crushed Potato Topping	21

All Classic Main Courses are served with a selection of Seasonal Vegetables & Potatoes of the Day or Mixed Leaf Salad & New Potatoes

DESSERTS

Our dessert and cheese course options change daily and can be found on the accompanying table d'hote menu.

A SELECTION OF TABLE D'HOTE SWEETS kcals varies daily	from 10
A SELECTION OF ICE CREAM & SORBET 2 Scoops 3 Scoops	6
A SELECTION OF CHEESES Biscuits, Celery	10
FILTER COFFEE OR BREAKFAST TEA & MINTS	4.60

Please inform us of any food allergies or special dietary requirements. Adults need around 2000 kcal a day.

RESIDENTS ON DINNER INCLUSIVE TERMS

The table d'hote menu and dishes marked with an * are included in your package, a 40% reduction applies to any of the other dishes.

(Menu prices are shown in sterling and are per person).

BELMONT

