

SUNDAY LOUNGE, BAR & TERRACE MENU

MORNING TEA & COFFEE

Available from 9am. All prices are per person.

POT OF TEA			4.60
Choose from: English Breakfast, Earl Grey, Darjeeling, Assam, Lapsang, Green Tea, Chamomile, Peppermint, Decaffeinated or Various Fruit Teas			
CAFETIERE OF COFFEE OR FRESHLY GROUND DECAFFEINATED			4.60
AMERICANO	5.20	CAPPUCCINO	5.20
LATTE	5.20	MOCHA	5.20
SINGLE ESPRESSO	3.50	DOUBLE ESPRESSO	4.60
HOT CHOCOLATE	5.20	SELECTION OF SHORTBREAD BISCUITS 438 Kcal	4.25

SANDWICHES

Served between 12-2pm. Served on brown malted or soft grain white bread, with a salad garnish, coleslaw and crisps.
Kcal's based on white bread. For malted bread please add +1 Kcal.

EGG MAYONNAISE (V) 800 Kcal	13.75
Mustard Cress	
WEST COUNTRY MATURE CHEDDAR (V) 1044 Kcal	13.75
Homemade Apple Chutney	
FLAKES OF TUNA 737 Kcal	15.50
Creamy Mayonnaise and Chives	
LOCAL HONEY ROASTED HAM 678 Kcal	15.50
Lambs Lettuce and Wholegrain Mustard	
ROASTED TURKEY BREAST 728 Kcal	15.50
Cranberry Sauce	
ROASTED CHICKEN 875 Kcal	15.50
Crisp Bacon and Herb Mayonnaise	
ROASTED PRIME SIRLOIN OF BEEF 756 Kcal	17
Watercress and Horseradish Sauce	
OAK SMOKED SCOTTISH SALMON 744 Kcal	17
Cream Cheese	
SUCCULENT NORTH ATLANTIC PRAWNS 847 Kcal	17
Light Marie Rose Dressing	
FRESH WEST COUNTRY CRAB 790 Kcal	17
Rocket Leaves and Citrus Mayonnaise	
BEETROOT & VEGAN FETA (VE) 609 Kcal	13.75
VEGAN SMOKED CHEESE & CHUTNEY (VE) 904 Kcal	13.75

SIDE ORDERS

FRENCH FRIES 404 Kcal	7
CHUNKY CHIPS 357 Kcal	7
DRESSED SEASONAL SALAD 20 Kcal	4
VEGETABLE & POTATOES OF THE DAY Varies daily	5.50
FRESHLY BAKED BREAD ROLL WITH BUTTER 380 Kcal	1.75

(V) Vegetarian (VE) Vegan (GF) Gluten Free.

Adults need around 2000 Kcal a day. Our dishes may contain traces of allergens. Please let us know if you have any allergies or dietary requirements. Whilst we do our utmost to accommodate our guests, we cannot guarantee any dish will be completely allergen free due to possible cross contamination during production.

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LIGHT SNACK MENU

Served between 12-2pm

TODAY'S HOMEMADE SOUP OF THE DAY Varies daily	8.50
Freshly Baked Roll	
CHICKEN LIVER & BRANDY PATE 536 Kcal	13.75
Homemade Chutney and Toasted Brioche	
TRADITIONAL PRAWN COCKTAIL 280 Kcal	17
Brown Bread and Butter	
OAK SMOKED SCOTTISH SALMON 400 Kcal	19.50
Brown Bread and Butter, Dill Pickles, Dressed Mixed Salad and Lemon Dressing	
CRISP CHICKEN GOUJONS 615 Kcal	17
Spiced Tomato Relish and Side Salad	
PEARLS OF MELON (VE) 34 Kcal	13.75
Elderflower Syrup, Mixed Berries, Lemon Sorbet and Fresh Mint	
BEETROOT & FETA SALAD (V) 151 Kcal	13.75
Endive Leaves, Walnuts, Basil Pesto and Balsamic	
CRAB SALAD 146 Kcal	20
Gem Lettuce, Pickled Cucumber and Dill and Parsley Dressing	

MIXED PLATTERS & PLOUGHMAN'S

Served between 12-2pm

THE BELMONT DAILY SALAD BOWL Varies daily	from 17
A Mixed Salad with a Light Dressing	
WEST COUNTRY PLOUGHMAN'S 1309 Kcal	22.50
A selection of award-winning West Country Cheeses, Homemade Pate, Honey and Mustard Glazed Ham, served with Spiced Apple Chutney, Pickled Onion and a Freshly Baked Bread Roll	
MIXED MEATS PLATTER 1412 Kcal	26.50
A selection of Roasted Sirloin of Beef, Turkey Breast, Honey and Mustard Glazed Ham and Homemade Pate, served with Dressed Mixed Salad, Potato Salad, Coleslaw and a Freshly Baked Bread Roll	
SEAFOOD PLATTER 998 Kcal	30
A selection of Seafood to include North Atlantic Prawns, West Country Crab, Smoked Mackerel, Smoked Scottish Salmon, served with Dressed Mixed Salad, Potato Salad and a Freshly Baked Roll	

OF THE DAY

ROAST OF THE DAY CATCH OF THE DAY Varies daily	from 18.50
Served with Vegetables and Potatoes and Traditional accompaniment or French Fries or Salad	
VEGETARIAN OF THE DAY Varies daily	from 18.50
Served with accompaniment	

SWEETS

A SELECTION OF FRESHLY MADE SWEETS	from 10
See our insert menu for details	
A SELECTION OF ICE CREAMS & SORBET	
Please ask a member of staff for details	
2 scoops	6
3 scoops	8
A SELECTION OF CHEESE & BISCUITS	10.25