A F T E R N O O N T E A

MENU

S A N D W I C H E S

Served on a choice of Brown Malted G or Soft Grain White Bread G, White Gluten Free GF, E, or Brown Gluten Free Bread GF E, with a salad garnish C, M, coleslaw M, E and crisps.

Egg Mayonnaise and Mustard Cress GF?, V Kcals: White 742 Malted 750 GF White 706 GF Brown 694 G, D, M, E, C	14.50
West Country Mature Cheddar and Apple Chutney GF?, V Kcals: White 986 Malted 994 GF White 950 GF Brown 938 G, D, M, E, C	14.50
Flakes of Tuna, Creamy Mayonnaise and Chives GF? Kcals: White 679 Malted 687 GF White 643 GF Brown 631 G, D, M, E, C, F	16.25
Local Honey Roasted Ham GF? Lambs Lettuce and Wholegrain Mustard Kcals: White 620 Malted 628 GF White 584 GF Brown 572 G, D, M, E, C	16.25
Roasted Turkey Breast and Cranberry Sauce GF? Kcals: White 670 Malted 678 GF White 634 GF Brown 622 G, D, M, E, C	16.25
Roasted Chicken, Crisp Pancetta and Herb Mayonnaise GF Kcals: White 817 Malted 825 GF White 781 GF Brown 769 G, D, M, E, C	? 16.25
Roasted Prime Sirloin of Beef GF? Watercress and Horseradish Sauce Kcals: White 698 Malted 706 GF White 662 GF Brown 650 G, D, M, E, C, SU	18
Oak Smoked Scottish Salmon and Cream Cheese GF? Kcals: White 694 Malted 702 GF White 658 GF Brown 646 G, D, M, E, F, C	18
Succulent North Atlantic Prawns GF? Light Marie Rose Dressing Kcals: White 789 Malted 797 GF White 753 GF Brown 741 G, D, M, E, CR, C	18
Fresh West Country Crab GF? Rocket Leaves and Citrus Mayonnaise Kcals: White 746 Malted 754 GF White 710 GF Brown 698 G, D, M, E, CR, C	18
Beetroot & Vegan Feta GF?, VE Kcals: White 543 Malted 551 GF White 507 GF Brown 495 G, M, E, C, SU	14.50
Vegan Smoked Cheese & Chutney GF?, VE Kcals: White 846 Malted 854 GF White 810 GF Brown 798 G, M, E, C	14.50

GF Gluten Free GF? Can be Gluten Free (please ask) V Vegetarian VE Vegan VE? Can be Vegan (please ask)

D DAIRY G GLUTEN M MUSTARD E EGG MO MOLLUSCS CR CRUSTACEAN C CELERY N NUTS F FISH SU SULPHUR DIOXIDE S SESAME SO SOYA P PEANUTS L LUPIN

Adults need around 2000 Kcal a day. Our dishes may contain traces of allergens. Please let us know if you have any allergens or special dietary requirements. Whilst we do our utmost to accommodate our guests, we cannot guarantee any dish will be completely allergen free.

AFTERNOON TEA

Pot of Tea Choose from: English Breakfast, Earl Grey, Darjeeling, Assam, Lapsang, Green Tea, Chamomile, Peppermint, Decaffeinated or various fruit teas	4.60
Cafetiere of Coffee Decaffeinated available	4.75
A Selection of Shortbread Biscuits GF? 438 Kcal G, D, E	4.25
Toasted Teacake ve? 616 Kcal Jam and butter G, D, S	6
Belmont Tea GF?, VE? Kcal varies daily 3 individual pastries and a pot of tea for one G, D, E, N, SO	13
Traditional Devonshire Cream Tea GF? , VE? 1165 Kcal Enjoy one of the West Country's best traditions. This includes 2 fresh scones, strawberry jam, clotted cream and a pot of tea for one. G, D, E	15
Full Afternoon Tea Kcal varies daily This is for those with a healthy appetite & includes: 4 finger sandwiches - ham, smoked salmon, cucumber, egg and cress, 3 individual pastries, 2 scones with strawberry jam and clotted cream, served with a pot of tea. G, D, M, E, N, F, SO	27
Champagne Afternoon Tea GF?, VE?, SU A full afternoon tea with the addition of a 200ml mini bottle of: Moet & Chandon Brut Imperial Chio Prosecco	48 39.50
Gluten Free Afternoon Tea GF Kcal varies daily (A pre-order is preferred) Full Afternoon Tea: 4 finger sandwiches - ham, smoked salmon, cucumber, egg and cress, 3 individual pastries, 2 scones with strawberry jam and clotted cream, served with a pot of tea for one. E, M, N, SU, SO, D	27
Vegan Afternoon Tea VE Kcal varies daily (A pre-order is preferred) Full Afternoon Tea: 4 finger sandwiches - cucumber, vegan smoked cheese & chutney, beetroot & vegan feta, pea hummus with heritage tomato & fresh basi 3 individual pastries, 2 scones with strawberry jam, served with a pot of tea for one. G, N, SU, SO, S	27

BELMONT



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