
SIGNATURE STARTERS
OAK SMOKED SCOTTISH SALMON 400 kcals ..... 19
Rocket Leaves, Caper Berries, Lemon
HERITAGE TOMATO SALAD VE* 226 kcals ..... 14
Vegan 'Parmesan', Olives, Basil Pesto
PAN SEARED SCALLOPS 281 kcals ..... 23
Sautéed Julienne of Mange Tout, Courgette \& Red Pepper,Honey \& Lime Dressing
TRIO OF BEETROOT v*211 kcals ..... 14
Red, Golden \& Candy Beetroot, Feta Cheese,Honey \& Mustard Vinaigrette
HAM HOCK TERRINE 275 kcals ..... 15Piccalilli, Honey \& Mustard Vinaigrette, Toasted Ciabatta
CLASSIC STARTERS
TRADITIONAL PRAWN COCKTAIL 280 kcals ..... 17
Iceberg Lettuce, Marie Rose Sauce, Brown Bread \& Butter
SMOOTH CHICKEN LIVER \& BRANDY PATÉ 536 kcals ..... 17
Spiced Apple Chutney, Toasted Brioche
PEARLS OF MELON VE* 194 kcals ..... 14Elderflower \& Ginger Syrup, Mixed Berries, Lemon Sorbet, Fresh MintCRAB MEAT SALAD 146 kcals21Grapefruit \& Avocado Salsa, Lemon Dressing
SIGNATURE MAINS
PRIME 8 OZ FILLET STEAK 913 kcals ..... 49Chunky Chips, Onion Rings, Mushrooms, Sweet Cherry Tomatoes,Diane Sauce
CHICKEN KIEV 1055 kcals ..... 24French Fries, Coleslaw
BELMONT BATTERED FISH \& CHIPS 1465 kcals ..... 25
Chunky Chips, Peas, Tartare Sauce, Lemon
PRIME 8OZ SIRLOIN STEAK 896 kcals ..... 39
Chunky Chips, Onion Rings, Mushrooms, Sweet Cherry Tomatoes,Black Peppercorn Sauce
OMELETTE SOUFFLE 827 kcals ..... 24
French Fries, Cream Cheese, Salad GarnishBREADED SCAMPI TAILS 974 kcals22Chunky Chips, Peas, Tartare Sauce, LemonSPINACH \& SWEET POTATO DHAL VE* 1034 kcals21
CLASSIC MAINS
HONEY MUSTARD GLAZED
CANNON OF LAMB 555 kcals ..... 41
Pea Puree, Mint Sauce, Redcurrant Jus
PAN FRIED CALF'S LIVER 591 kcals35
Crisp Pancetta, Caramelised Shallots, Red Wine \& Thyme Jus
PAN FRIED FILLET OF SEA BASS 280 kcals ..... 34
Wilted Spinach, Shrimp Butter Sauce
CREEDY CARVER DUCKLING 541 kcals ..... 39
Confit of Leg \& Breast, Balsamic Treacle, Candied Orange
GRILLED WHOLE DOVER SOLE 600 kcals49
Prawn, Lemon \& Parsley Butter, either served on or off the bone
BEAN \& LENTIL COTTAGE PIE VE* 650 kcals21Roast Vegetable, Bean \& Lentil Ragout, Rich Tomato Sauce,Crushed Potato Topping
All Classic Main Courses are served with a selection of vegetables,potatoes, chunky chips or new potatoes \& salad
DESSERTS
Our dessert and cheese course options change daily andcan be found on the accompanying table d'hote menu.
A SELECTION OF TABLE D'HOTESWEETS kcals varies dailyfrom 10
A SELECTION OF ICE CREAM \& SORBET
2 Scoops ..... 6
3 Scoops ..... 8
A SELECTION OF CHEESES ..... 10
Biscuits, CeleryFILTER COFFEE OR BREAKFAST TEA \& MINTS4.60
Please inform us of any food allergies or special dietary requirements. Adults need around 2000 kcal a day.
RESIDENTS ON DINNER INCLUSIVE TERMS
The table d'hote menu and dishes marked with an * are included in your package, a $40 \%$ reduction applies to any of the other dishes.
(Menu prices are shown in sterling and are per person).

## BELMONT нотеt

